

Heritage Food Project for HIST 431

An optional assignment in HIST 431 is to prepare a heritage food for the enjoyment of class members during the Great Plains Folk Festival, near the conclusion of the course. This project confers a maximum of 50 soft points. Here are elements of the project.

1. Prepare a heritage food in quantity sufficient that fifteen or more people could sample it. This food will be brought to the designated session of the Great Plains Folk Festival; logistics (power cords and so on) to be worked out with instructor or teaching assistant.
2. Be prepared to inform others of the history and significance of the food.
3. Successful completion of the project confers 50 soft points.
4. There will be a prize for the outstanding food project.

What Is a Heritage Food?

For our purposes, a heritage food is a food with a story. You should be able, through telling the story, to tie the food to some person, group, family, or development in regional history.

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